



## Healthy Cooking on a Budget

We are pleased to be offering a Cooking on a Budget Workshop to our male tenants. Learn to make something healthy and delicious, all ingredients provided, and you will make something wonderfully tasty to take home on the day.

**Tuesday 14<sup>th</sup> January 2020**

**10am – 11.30am**

**The Isobel Centre, Furlongs, Newport**

Spaces are limited so please contact Sarah Crosbie on 01983 525985 to book your place. All costs covered by Vectis Housing.